

## ANCFSAO 2SLGBTQ+ RESOURCES

### Articles

- <https://soginursing.ca/wp-content/uploads/2021/03/Hunt-2016-Health-of-Two-Spirit-Health.pdf>
  - (Goes through what two-spirit means through an Indigenous lens, examines what Two-Spirit peoples go through in their health and how much of it is due to the colonial stereotypes and misconceptions of Indigenous peoples. Touches on the Two-Spirit people's role in the community and how valued they are.)
- <https://www.sciencedirect.com/science/article/pii/S1054139X22005468>
  - (Shows the different results of suicidality rates between Indigenous youth who identify with 2SLGBTQ+ and those that identify as straight. The conclusion talks about what future studies should be looking for to find resources that would actually help Indigenous youth going through mental health struggles.)
- <https://kidshelpphone.ca/wp-content/uploads/Finding-Hope-Kids-Help-Phone-FINAL.pdf>
  - (Action plan centered around Indigenous youth who are a part of the 2SLGBTQ+ community and how kidshelpphone.ca can better understand and provide better resources for them. In the conclusion describes a lot of different ways they plan to improve their organization in terms of making it Indigenous inclusive and cultural ways to help, they can suggest to Indigenous youth who call.)

### Resources in Specific Locations

#### *Kenora ON*

- <https://www.facebook.com/QueerPeersKenora/>
- <https://www.borderlandpride.org/resources>

#### *Toronto*

- <https://2spirits.org/mission-and-vision/>
- <https://tobysplace33.wixsite.com/website?fbclid=IwAR1Zildomm7BqljYsDhQQ9SjsPfnYcPRf8HOkg0E1hPDZl7macZ-kdx0o> (a free safe space for 2SLGBTQ+ people to go to hang out)
- <https://acrossboundaries.ca/2slgbtq/>
- <https://birthmarksupport.com/seed-sprout> (support for 2SLGBTQ+ people in Toronto and Hamilton to have knowledge, information and help about the birth process)

#### *Thunder Bay*

- <https://www.thunderpride.ca/>
- <https://norwestchc.org/programs-services/2slgbtq/> (healthcare specific)

#### *Kuuwanimano (Timmons ON)*

- <https://www.timminspride.com/>

#### *Haliburton Kawartha Lakes Peterborough*

- <https://cmhahkpr.ca/programs-services/trans-peer-outreach/>

#### *Turtle Island (ONLINE ZOOM)*

- <https://queerevents.ca/events/london/virtual/vent>



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### *East Gwillimbury*

- <https://bluedoor.ca/supportive-housing-innclusion/>

### *Hiawatha Line (Dnaagdawenmag Binnoojiiyag)*

- <https://www.binnoojiiyag.ca/about/rainbow-warriors/>

### *Ottawa*

- <https://familyservicesottawa.org/services/around-the-rainbow/>
- <https://www.ysb.ca/for-youth/youth-engagement/spectrum-lgbtq-community-youth-group/>

### **Social Media/Websites**

- <https://bipocwomenshealth.com/2slgbtq-care/>
- <https://egale.ca/resources/#category=resources>
- <https://www.the519.org/programs/cateory/trans-specific/> (trans specific)
- <https://interligne.co/en/programs/>
- <https://www.glsen.org/resources/virtual-resources> (school focused)

### **Camps**

- <https://www.tenoaksprountproject.org/camp-ten-oaks/> (few hours away from Ottawa week 1, London, ON week 2) also has community programs that supports trans youth.
- <https://211ontario.ca/service/68969251/ten-oaks-project-ten-oaks-project/?searchLocation=Kenora&topicPath=121&latitude=49.7670416&longitude=-94.4893924> (better explanation of the camp and all it supports)
- <https://www.welcomfriend.ca/camp/> (Registration includes travel from several locations including Toronto, Parry Sound, Sudbury, Thunder Bay (only offered specific weeks) and Timmins (only offered specific weeks))

### **2SLGBTQ+ Crisis (Support Lines, Shelter)**

#### *Support Lines*

- <https://www.youthline.ca/>
- <https://translifeline.org/>
- <https://queerevents.ca/community-resources/crisis-hotline-support/lgbtq2-youth-line>

#### *Shelter*

- <https://capitalrainbow.ca/>
- <https://www.rainbowrailroad.org/about#mission>

### **Extra Resources and Supports**

- [https://www.academia.edu/download/53289387/Where\\_Am\\_I\\_Going\\_To\\_Go.pdf#page=32](https://www.academia.edu/download/53289387/Where_Am_I_Going_To_Go.pdf#page=32)
  - (Book about 2SLGBTQ+ youth facing homelessness, their experiences, and what people can do to stop perpetuating harmful stereotypes)
- <https://egale.ca/resources/#category=resources>



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- (Has a resource page that you can go to and pick whichever category that you need more information on)
- <https://kindspace.ca/>
  - (Is a safe space for the 2SLGBTQ+ community in Ottawa that offers social and educational programming, and events for people to participate and socialize)
- <https://ontariocaregiver.ca/2slgbtq-resources/#resources>
  - (a lot of resources you can go through)
- <https://kidshelpphone.ca/get-info/2slgbtq-what-does-it-mean>
  - (Will help people understand if they are confused about what 2SLGBTQ+ means)

### YouTube Videos

- “Ma-Nee Chacoby talks about Two Spirit Identities” 5:16 min  
<https://www.youtube.com/watch?v=juzpocOX5ik>
  - “You’re born with two-spirits, and you will know when you’re born with that, you will know, you will feel different.”
  - “My message to all Two-Spirit people or the ones who feel like they are, your job is to look after yourself and then look after people; don’t let anyone tell you different.”
- “Trans and Native: Meet the Indigenous Doctor Giving Them Hope” 7:49 min  
<https://www.youtube.com/watch?v=MSnvtj0G3cA>
  - “Many of his patients drive up to 8 hours and walk miles along dirt roads, to meet with this two-spirit specialist who makes them feel safe.”
  - “... And his biggest contribution is his openness about his own identity” “James has helped me accept myself because he accepts himself, he made me feel comfortable in my own skin.”
  - “With the opposition of colonization, Christianity, residential schools, the Sixties Scoop, a lot of those teachings of gender diversity have been lost; and a lot of people are searching for their identity as Two-Spirit people and the roles and responsibilities that come with that.”

